Let the spirit of adventure lead you to Barbados

From strikingly beautiful views to exhilarating thrills **there's something for every wanderer, nature lover or thrill-seeker,** within and beyond our sparkling shores.

Set Sail!

Enjoy a cruise around the island on one of the various catamarans or luxury yachts. Whether you want to party on the open ocean or just soak up the serenity, sailing across the crystal blues.

Grab your paddle

Experience the sea intimately when you go with the tide in a kayak or on a paddle board. Go with the ebb and flow of the calming waters as you glide through the surf.

Swim with the turtles

Make some saltwater friends when you take part in a 'swim with the turtles' experience. These gentle giants are a delight and will enchant you with their friendly nature.

Let's go under the sea

Marvel at colorful schools of fish darting through the coral reefs in our tropical waters. Interested in a truly magical adventure? Try the Atlantis Submarine at night!

Discover underwater cities

Grab a snorkel or some diving gear and explore the hidden world of shipwrecks below the vibrant waters of Carlisle Bay.

Merge sea and sky!

Enjoy the exhilaration of soaring above it all. Whether parasailing or flyboarding, let your soul fly free with these breathtaking adventures.

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FROM THE awe-inspiring TO THE exhilarating

Discover the wonders hidden below the surface of Barbados with a visit to Harrison's cave. **Fly through the natural gully of the grounds as part of the zip line and adventure experiences.**

Take a 'bath' in the forest

Every hue of green will soothe you as you traverse the picturesque paths of Coco Hill Forest. Perfect for forest bathing, taking a stroll or signing up for a yoga class among the majestic palms.

Take the path less traveled

Discover secret look outs and spectacular views with a guided hike across Barbados. Be one with nature as you get up close and personal with our fields and hills.

Let's ride

Our electric pedal-assist mountain bikes offer just the right amount of assistance for every skill level, boosting your bike skills so you can enjoy more of the experience without the strain.

Start your engines

The Bushy Park Racing Circuit offers you the opportunity to get behind the wheel and go! From bumper cars to racers, they have thrilling experiences for everyone in the family.

Off Roading

Hop on an Island Safari adventure and take a rugged drive throughout the country in an opened-back 4x4.

Get in the driver's seat

Off Road Fury Barbados allows you to go at it yourself, and they provide pre-driving training so that you can get a feel for the ATV and give you guidelines on how to drive it safely while still having fun.

Explore the island on horseback

Guided tours will take you through the trails around the hills or along stunning coastal stretches, as you survey Barbados from your majestic mount.

Into the woods

Turner's Halls Woods is the last remaining tropical forest on the island and a true natural wonder. Ignite your senses, as you take in the spectacular natural scenery.

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