The Islands of the
BAHAMAS
THE ISLANDS OF THE
bahamas

16 ISLANDS

COUNTLESS STORIES

In The Bahamas, the possibilities are endless. From award-winning scuba diving and fishing, to 32 National Parks, art galleries, historic sites, and much much more—there is plenty to discover beyond our shores.

THINGS TO DO

With 16 unique islands, 100,000 square miles of clear turquoise waters, 32 National Parks, and countless miles of pristine coastline, there is no shortage of experiences to be had in The Bahamas. Whether you're in search of adventure, absolute relaxation, or something in between, The Bahamas is an unbeatable destination.

THE BEACH IS JUST THE BEGINNING

MILES OF SANDY

SHORELINES

Across our islands you'll find miles of award-winning beaches ranging from powder-soft white sand to coral shell-pink shores, from bustling stretches lined with beachside bars, to isolated coves and sandbars where the only visible footprints are your own.

MEET THE SWIMMING PIGS

In Exuma's Big Major Cay, the family of playful residents share their slice of paradise with a steady stream of day-tripping locals and visitors arriving by boat.

A BOAT MAKES EVERYTHING

BETTER

Few things are as exhilarating as boating in crystal-clear Bahamian waters. Whether it's a quick cruise between cays, a bareboat charter from Bimini to the Berry Islands, or an extended voyage aboard a private yacht, boating in The Bahamas is one of life's more rewarding experiences.

REEL
IN AN ADVENTURE

Find a first-class fishing charter and test your skill against our top saltwater prizes, including swordfish, snapper, grouper, blackfin tuna, marlin, and amberjack. Or stalk an elusive bonefish across sandy flats and show him who's really boss.

DIVE
A FABLED FRONTIER

In waters stretching 100,000 square miles across the world's clearest ocean, discover unparalleled dive sites ranging from ancient shipwrecks to inland blue holes to the world's third largest barrier reef.

SCUBA DIVING MAGAZINE READERS' CHOICE AWARDS

SCUBA DIVING MAGAZINE 2022 READERS CHOICE AWARDS

#1 Best Big Animals

#2 Best Cave Diving

#3 Best Overall Destination

#4 Best Snorkeling

#5 Best Value

set your sights on
ADVENTURE

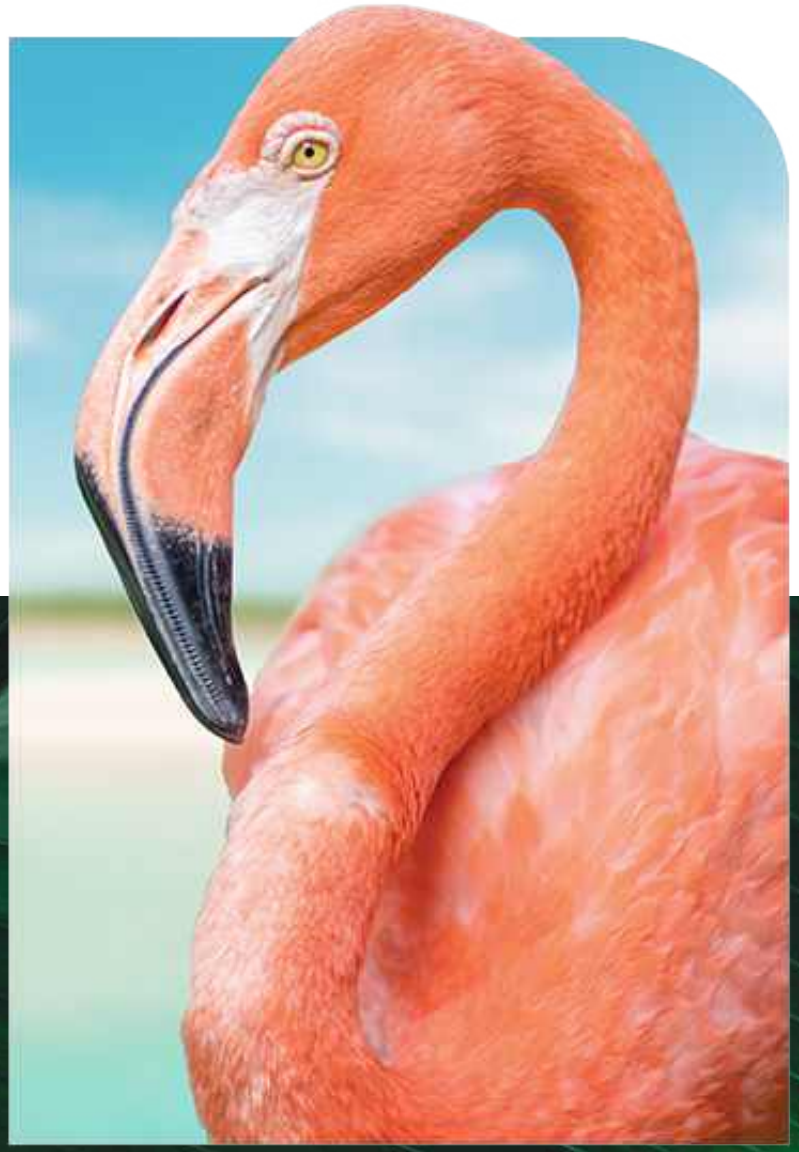
FREE DIVING

THE EXUMAS

A PLEDGE TO PRESERVE &

PROTECT

The Bahamas has long been one of the most eco-friendly destinations in the world, a treasure trove of beauty and biodiversity protected by The Bahamas National Trust.



32 NATIONAL PARKS

Our National Park System spans more than two million acres of mangrove wetlands, wildlife sanctuaries, blue holes, coral reefs, and one of the world's longest underwater cave systems.

AVIAN
ENCOUNTERS

The Bahamas is a bucket list destination for bird lovers. Boasting more than 375 species of resident and migratory birds, our islands' mangrove stands, native pine forests, and wildlife sanctuaries promise a rare treat for the world's most enthusiastic birders.

A FEW FEATHERED FRIENDS

- West Indian Flamingo
- West Indian Woodpecker
- Bahama Oriole

MYSTERIES OF THE DEEP

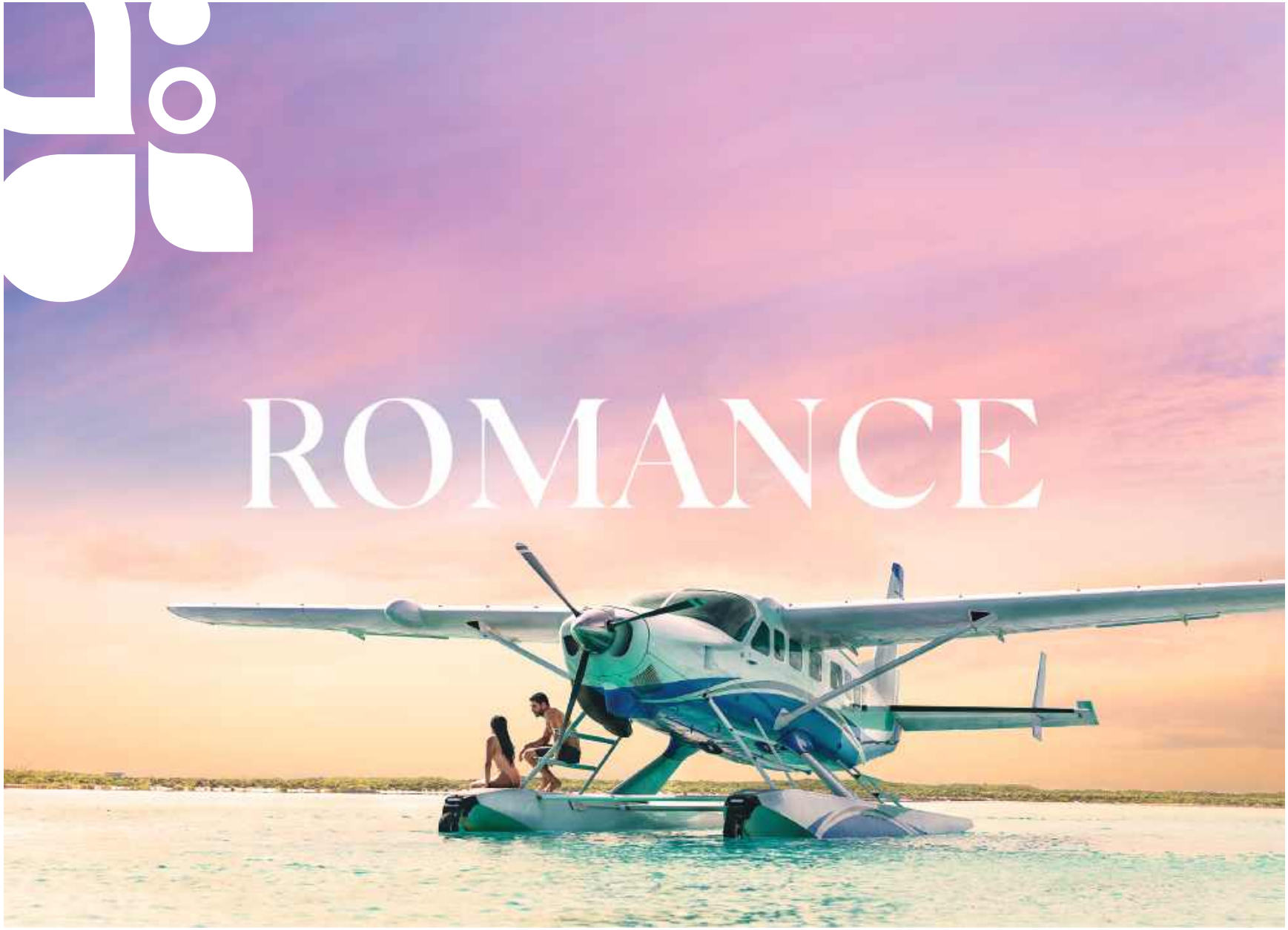
Whether they're found deep in the pine forests of Andros or at the edge of the ocean on Long Island, The Bahamas' mysterious blue holes and caves offer a mesmerizing glimpse into the islands' prehistoric and geological past.

A FEW FAVOURITES

- Preacher's Cave
- Dean's Blue Hole
- Captain Bill's Blue Hole

LUCAYAN NATIONAL PARK

FREEPORT


ROMANCE

TRUE LOVE

EVERLASTING

There's something about a picture-perfect destination that is naturally romantic, whether it's the sunset cruise across crystal-clear waters, a hand-in-hand stroll on a rose-coloured beach, or a secluded sandbar reserved just for two. Discover the love of a soft Bahamian breeze.

World's Leading Wedding Destination

World Travel Awards
2018 & 2019

Most Romantic Islands In The World

Travel + Leisure World's Best Awards
2020 | Exuma & Harbour Island

every island is a

LOVE STORY

waiting to happen

SOMETHING BLUE

The Bahamas delivers the spectacular, and that's exactly what your Big Day deserves. With 16 unique islands, the possibilities are endless—from a grand celebration to an intimate gathering, the wedding of your dreams awaits.

WHERE WILL YOU SAY "I DO"?

- On a sliver of a sandbar at low tide
- In a tranquil tropical garden
- At the altar of a centuries-old church
- On a pink sand beach at daybreak
- Underwater in full scuba gear
- On the bow of a sailboat at sunset
- At an idyllic five-star resort

SANDBAR WEDDING

THE EXUMAS

BEGIN EVER AFTER, RIGHT AFTER

Get married on one island, then slip away to one of more than a dozen easy-to-reach islands and revel in the breathtaking beauty and romance of The Bahamas. Whether the agenda is non-stop adventure or day after day of romantic bliss, it's all right here.

THUNDERBALL GROTTO

THE EXUMAS

CULTURE

BAHAMIAN &
PROUD

Bahamian culture is joy personified.
It is a Junkanoo celebration,
parading down the street.
It's bold and colourful art. Our
culture is a fresh conch salad,
a lively rake 'n' scrape tune, a
welcoming smile from a stranger.

a culture of

CREATIVE EXPRESSION

JUNKANOO RUSH

Feel the tempo of a joyous Bahamian celebration. Months of preparation—the making of costumes, the late-night practices—culminate in a showdown of music, dance, and robust competition. Junkanoo originated in The Bahamas around the 17th century and is celebrated annually on Boxing Day and New Year's Day, and again on festive summer Saturdays in July and August.

Fresh conch fritters and friendly conversation? Just a taste of what happens when visitors meet Bahamians through our award-winning People-To-People programme, often forging lifelong friendships.

PEOPLE-TO-PEOPLE

EXPERIENCE

PARLIAMENT SQUARE

NASSAU

ART
& MURALS

Historic architecture, colourful island artwork, and modern street murals tell our islands' exuberant stories in vivid detail. No trip here is complete without soaking in all the artistic splendour.

ANDROSIA
BATIK FACTORY

ANDROS

WHERE
TO STAY

FIND YOUR PLACE IN THE SUN

From five-star resorts to no-frills fishing lodges, romantic oceanfront villas to rustic beach bungalows, accommodations in The Bahamas vary by style, size, and scope. One thing is certain; there's a place for everyone.

For your peace of mind, hotels that display The Bahamas' "Clean & Pristine" certification adhere to strict government guidelines to ensure the health & safety of staff and visitors.

TASTE THE ISLANDS

From beachfront fish frys to five-star fine dining, The Bahamas serves up a little bit of everything. Savour the island-made goodness in every fresh and irresistibly flavourful bite.

AFTER SUNSET

When the moon lights up the night sky, The Bahamas comes alive. Toe-tap to traditional rake ‘n’ scrape in a quaint beach bar or head to a club to dance until dawn. Feeling lucky? Roll the dice at resort casinos on Bimini and Nassau & Paradise Island.

SEASIDE GREENS

Crashing surf and crystal-clear waters challenge even the best golfers to keep their eyes on the ball in The Bahamas. Among the most distractingly beautiful of The Bahamas' nine courses are Greg Norman's Emerald Bay course in The Exumas and Tom Weiskopf's Ocean Club stunner on Paradise Island.

PINK SAND BEACH

CAT ISLAND

OUR ISLANDS

NATURALLY, NO TWO ARE
ALIKE

Touch down in The Bahamas and discover one-of-a-kind adventures across 16 impossibly beautiful islands. Each one offers a unique experience, filtered through the prism of history, culture, and long held traditions.

FL
FREEPORT
THE ABACOS
THE BERRY ISLANDS
BIMINI
ELEUTHERA & HARBOUR ISLAND
NASSAU & PARADISE ISLAND
CAT ISLAND
ANDROS
SAN SALVADOR
RUM CAY
THE EXUMAS
LONG ISLAND
MAYAGUANA
RAGGED ISLAND
ACKLINS & CROOKED ISLAND
INAGUA
N
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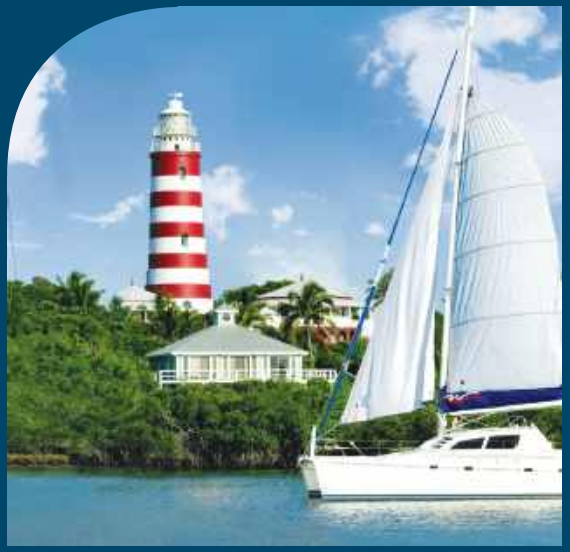
The Islands of the
BAHAMAS



THE ABACOS

The Boating Capital of The Bahamas

The 122-mile Abacos island chain is a boating, fishing, and sailing paradise. But it's not just the sea that attracts travellers from around the world. Those who prefer to explore by land will find charming colonial towns, championship golf courses, and dozens of hotels, restaurants, and bars.

ISLAND HIGHLIGHTS

- Elbow Reef Lighthouse
- Man-O-War Cay
- Tahiti Beach
- Hope Town

ACKLINS & CROOKED ISLAND

Islands of Unspoiled Beauty

Acklins & Crooked Island remain almost as natural today as they were hundreds of years ago. Separated by a 500-square-mile lagoon known as the Bight of Acklins, both islands—once safe havens for pirates—are now serene havens for boating, bonefishing, snorkeling, and diving.

ISLAND HIGHLIGHTS

- The Bight of Acklins
- Ancient Lucayan Sites
- Sleepy Long Cay
- Turtle Sound

ANDROS

The Big Yard

Journey to the largest island in The Bahamas and explore natural wonders like no other. Left virtually untouched, Andros is home to more than 180 breathtaking blue holes, abundant bonefish, stunning coral reefs and underwater wrecks, and world-class birding in its lush pine forests.

ISLAND HIGHLIGHTS

- Blue Holes National Park
- West Side National Park
- The Andros Barrier Reef
- Tongue of the Ocean
- Androsia Batik Factory

THE BERRY ISLANDS

Where Big Game Fishing is King

Bordered by the Tongue of the Ocean, The Berry Islands are home to some of the most diverse and abundant sea life in The Bahamas. This unique marine destination comprises nearly 30 idyllic cays, most of which are uninhabited.

ISLAND HIGHLIGHTS

- Chub Cay
- Sugar Beach
- Hoffman's Cay Blue Hole
- Flo's Conch Bar

BIMINI

The Island of Legends

A place where Ernest Hemingway's favourite seaside hideaway meets the Lost City of Atlantis, and pristine beaches lead to waters teeming with prized blue marlin. 50 miles from Florida's eastern coast, Bimini exists in a world of its own.

ISLAND HIGHLIGHTS

- The Dolphin House Museum
- Bimini Road
- The Fountain of Youth
- SS Sapona Shipwreck

CAT ISLAND

The Height of Escapism

Cat Island is quiet and unassuming, but it has treasures to offer. Anchored by Mt. Alvernia, The Bahamas' highest point, its untouched landscape is perfect for diving, kiteboarding, and meandering along miles of rolling hills, nature trails, and an eight-mile pink sand beach.

ISLAND HIGHLIGHTS

- Mt. Alvernia & The Hermitage
- Sir Sidney Poitier's Home
- Old Bight Beach
- Port Howe

ELEUTHERA & HARBOUR ISLAND

A Tale of Two Islands

Harbour Island is a chic seaside escape with picturesque New England-style architecture and plenty of golf carts for zipping to and from its pink sand beaches, great restaurants, and boutique resorts. Neighboring Eleuthera is a sprawling stretch of wild beauty where free spirits come to surf. All that separates them is a ten-minute ferry across crystal-clear waters.

ISLAND HIGHLIGHTS

- Pink Sand Beaches
- Spanish Wells
- Glass Window Bridge
- Pineapple Fields

THE EXUMAS

Home of the World-Famous Swimming Pigs

From pristine beaches and breathtaking resorts to the famous swimming pigs, The Exumas is where the beauty of The Bahamas meets unforgettable adventure. Make memories like no other among turquoise waters and four-legged friends.

ISLAND HIGHLIGHTS

- Big Major Cay (Pig Beach)
- Thunderball Grotto
- Compass Cay Marina
- Exuma Cays Land & Sea Park

SWIMMING PIGS

THE EXUMAS

FREEPORT & GRAND BAHAMA ISLAND

A Traveller's Destination

The second-largest city in The Bahamas, Freeport on Grand Bahama Island is a treasured tropical playground where ecological wonders coexist effortlessly with idyllic beaches, historic sites, family-friendly resorts, and waterfront restaurants and shops—all just 55 nautical miles from South Florida.

ISLAND HIGHLIGHTS

- Garden of the Groves
- Port Lucaya Marketplace
- Lucayan National Park
- Gold Rock Beach
- Taino Beach

INAGUA

The Birdwatching Capital of The Bahamas

Those with a passion for birdwatching look no further than the island of Inagua. Situated in the southernmost part of The Bahamas, Inagua is home to three national parks serving as habitats for over 80,000 flamingos and 140 other species of birds.

ISLAND HIGHLIGHTS

- Inagua National Park
- Little Inagua National Park
- The Great Inagua Lighthouse
- Union Creek Reserve

LONG ISLAND

Beaches, Blue Holes, & Breathtaking Cliffs

The shores of Long Island boast world-class bonefishing, thrilling encounters with marine life and thriving reefs, and the world's second deepest blue hole, a bucket list dive for the world's most experienced divers. While adventure fills the waters, on land, life is tranquil and serene.

ISLAND HIGHLIGHTS

- Dean's Blue Hole
- Cape Santa Maria Beach
- Columbus Point
- Twin Churches

MAYAGUANA

Pirate Stronghold Turned Prized Fishing Spot

An isolated and secluded escape, Mayaguana is an outdoor-lover's destination. Whether it's a footprint-free beach or a far-off fishing spot, the island is the perfect blend of solitude and charm.

ISLAND HIGHLIGHTS

- Booby Cay
- Abraham's Bay
- Horse Pond Beach
- Pirates Well

NASSAU & PARADISE ISLAND

The Original Caribbean Destination

Discover an island metropolis where the ease of the tropics meets the sophistication of the big city. Venture beyond the beautiful beaches of The Bahamas' cultural hub to experience the upscale dining, historic architecture, pastel buildings, and colourful murals of the cosmopolitan twosome.

ISLAND HIGHLIGHTS

- National Art Gallery
- The Queen's Staircase
- Fort Fincastle
- Government House

RAGGED ISLAND

Nature Undisturbed

Beyond the shorelines of Ragged Island, anglers will find remarkable flats and deep-sea fishing. Bonefish, barracuda, tuna, and kingfish are just a few of the common catches near this hilly haven for avid anglers. On land, check out the historic salt-harvesting hamlet of Duncan Town, the island's one and only settlement.

ISLAND HIGHLIGHTS

- Duncan Town
- The Jumentos Cays
- Hog Cay
- Pigeon Cay

RUM CAY

The Island of Peaceful Seclusion

This hidden treasure of a destination boasts ancient Lucayan art, sprawling white sand beaches, thrilling dive sites—and a population of just 72 residents. A short boat ride away, Conception Island is perhaps one of the most well-preserved areas in The Bahamas.

ISLAND HIGHLIGHTS

- Port Nelson
- HMS Conqueror Shipwreck
- Conception Island National Park
- Hartford Cave

SAN SALVADOR

A Small Island with Big History

San Salvador may be one of the smallest islands in The Bahamas, but it stands out amongst the larger destinations. Monuments and markers pay homage to the first landfall of Christopher Columbus, while scenic inland lakes, sparkling beaches, and more than 50 thrilling dive sites make it a must-see for adventurers.

ISLAND HIGHLIGHTS

- Great Lake National Park
- Watling's Blue Hole
- Gerace Research Centre
- Bonefish Bay Beach

Island by

ISLAND. WONDER

by wonder.

HISTORIC ROW

HARBOUR ISLAND

GETTING HERE

GETTING HERE IS EFFORTLESSLY EASY

Conveniently accessible by air and sea, The Bahamas welcomes visitors arriving on commercial and charter flights, ferries, cruise lines, private planes and pleasure craft.

TAKING FLIGHT

Dozens of daily non-stop and connecting flights from major gateways in the U.S., Canada, and major international cities make it easy to touch down in The Bahamas.

INTERNATIONAL AIRPORTS

NAS **Lynden Pindling International Airport**
Nassau, Bahamas

GGT **Exuma International Airport**
George Town, Bahamas

FPO **Grand Bahama International Airport**
Freeport, Bahamas

MHH **Leonard M. Thompson International Airport**
Marsh Harbour, Bahamas

ELH **North Eleuthera Airport**
North Eleuthera, Bahamas

ISLAND HOPPING

Travel from island to island on regularly scheduled flights with Bahamasair, our national airline, or one of numerous local airlines, or from Nassau & Paradise Island to the Out Islands via ferry and mailboat.

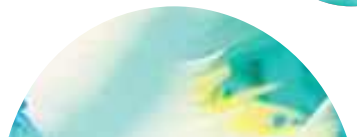
CONNECTING

If you're connecting through Nassau to one of our Out Islands, allow yourself at least 1.5 hours between flights.

ISLAND HOPPING

THE EXUMAS

EVENTS



FESTIVALS & OTHER
FAVOURITES

If there's one thing Bahamians love, it's a reason to celebrate. Whether it's Junkanoo, a Rake 'n' Scrape Festival, or a culinary fest, join the merriment and experience the intoxicating joy that permeates any Bahamian occasion.

FESTIVALS

& OTHER FAVOURITES

BAHAMIAN MUSIC & HERITAGE FESTIVAL

George Town, Exuma

Expect fun for all ages at this annual cultural festival highlighting history, art and crafts, and Bahamian cuisine.

MUTTON FEST

Long Island

Enjoy live music and mutton prepared multiple ways at this family-friendly festival in the “Mutton Capital of the Bahamas.”

CACIQUE AWARDS

Grand Bahama Island

Celebrate the people and products that make a positive impact on Bahamas tourism at this exciting industry event.

FESTIVALS

& OTHER FAVOURITES

PINEAPPLE FESTIVAL

Gregory Town, Eleuthera

Head to pineapple fields of Eleuthera for this annual four-day fest celebrating the island's premier crop.

RAKE 'N' SCRAPE FESTIVAL

Cat Island

Catch local and national artists performing the island's signature sound at this lively festival featuring quadrille dancing, kids' games, and more.

JUNKANOO SUMMER FESTIVAL

Grand Bahama Island

Junkanoo Summer Festival captures all aspects of our culture, from music to food to authentic Bahamian arts and crafts.

COMPASS CAY

THE EXUMAS

INTRODUCING,

BEATS:

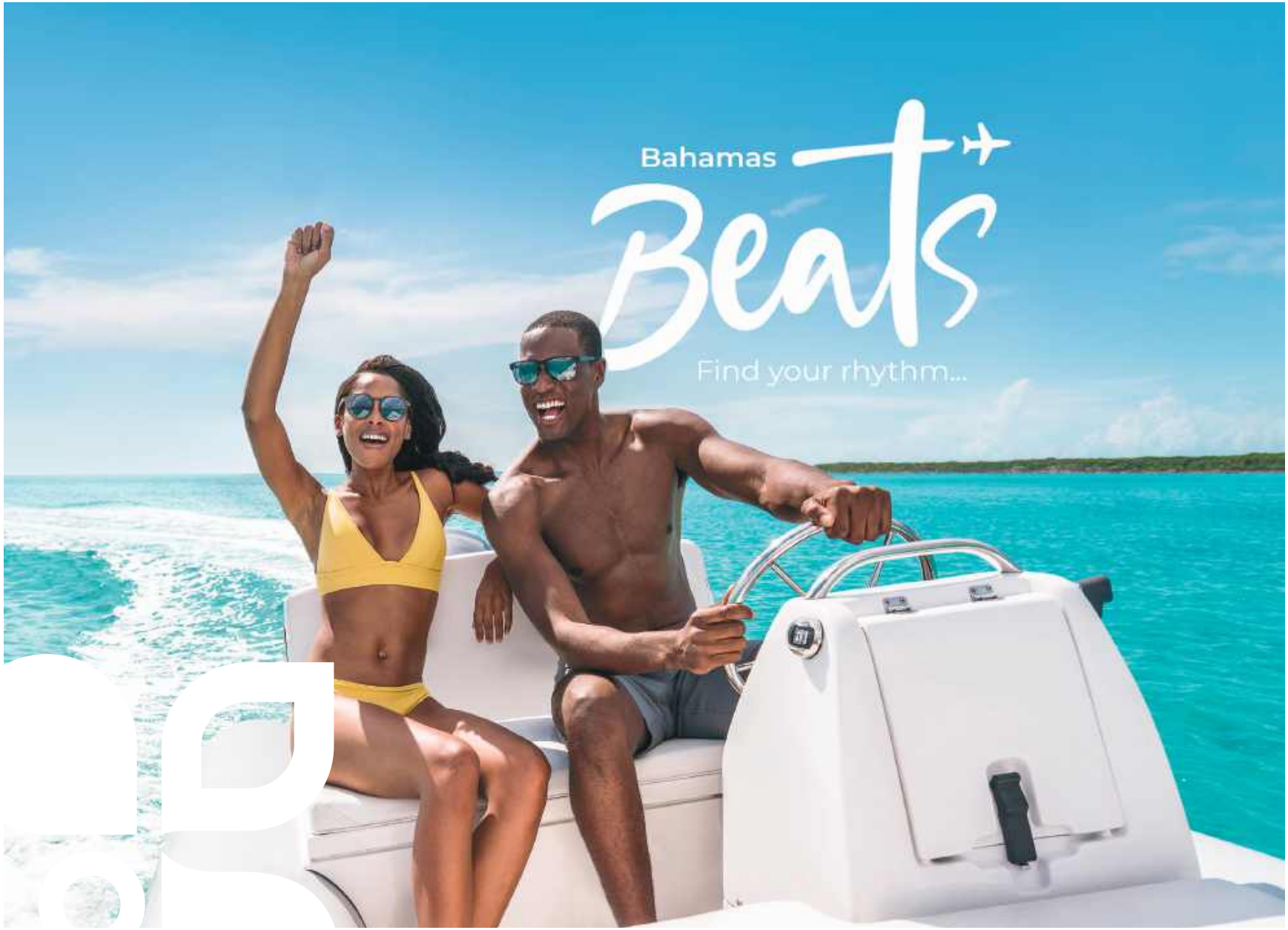
Bahamas Extended
Access Travel Stay

RELOCATE & FIND YOUR
RHYTHM

Changes in the world of travel have altered how we work, study, explore and unwind, inspiring imaginative ways to combine learning and work from home routines with an authentic island experience. With that in mind, it's a pleasure to announce **BEATS: Bahamas Extended Access Travel Stay**, your chance to find your rhythm and call our islands home for up to a year.

PROGRAMME HIGHLIGHTS

- Stay in The Bahamas for up to a year
- Lightning-fast permit processing times
- 16 islands at your fingertips


Bahamas
Beats
Find your rhythm...

ISLAND-HOPPING

Cat Island

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TRAVELBAHAMAS

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