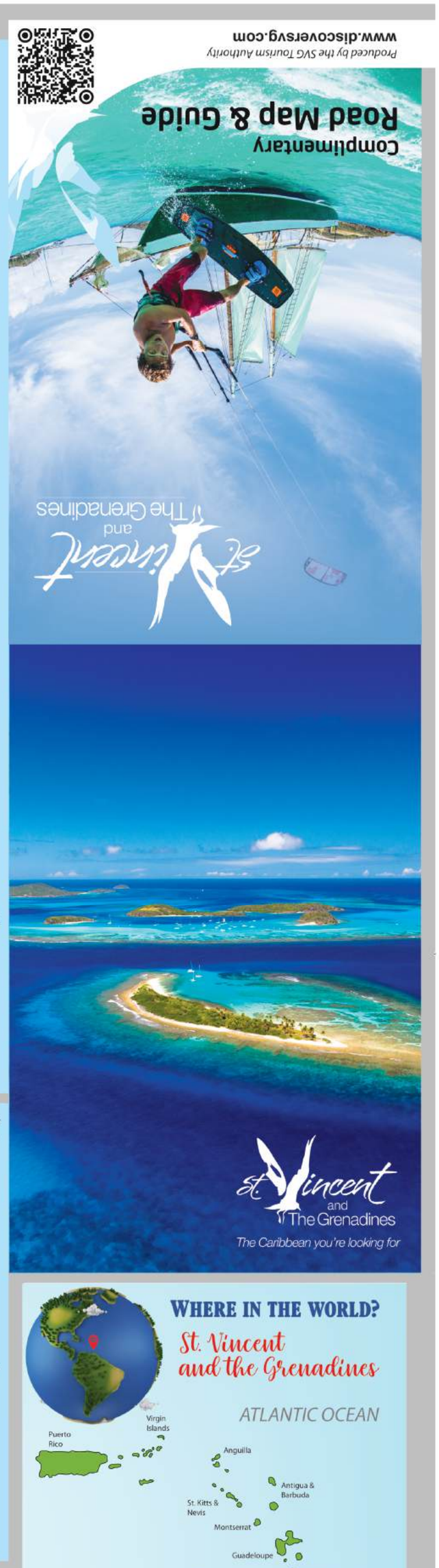
Do 32 in St. Vincent and the Grenadines (SVG)

1. Tackle the trail of the active La Soufriere Volcano
2. Revitalize your body with a dip into the Walliabou Hot Springs within the Walliabou River Canyon
3. Encounter history and exotic flora and fauna. Our Botanic Gardens is the oldest Botanic Gardens in the Western Hemisphere
4. Treat yourself to a panoramic sunset from Fort Charlotte
5. Enjoy our variety of black, white and golden sand beaches
6. Unravel the mysterious messages of our petroglyphs (Kalinago rock carvings)
7. Hike the Vermont Nature Trail and be rewarded with a rare sighting of the Amazona Guildingi (our national bird) in the wild
8. Lose yourself within the lush interior of Montreal Gardens at the instep of the Grand Bonhomme mountain
9. Eat like a local! Try our National dish of roasted breadfruit and fried jack fish
10. Taste the sunset, literally! SUNSET is our popular, local over proof rum
11. Explore the secluded coves of our leeward coast by boat
12. Observe the frolic of dolphins and whales on a whale watching tour
13. Go chasing Waterfalls on St. Vincent
14. Thrill yourself with a kayaking adventure through The Bat Cave
15. Snorkel along the deserted shoreline of Petit Byahaut
16. Revel in the spectacle of our carnival, Vincy Mas
17. Experience Nine Mornings, a Christmas festival unique to SVG
18. Engage in the vibrant Maroon traditions on Union Island
19. Immerse yourself into the idyllic water world of the Tobago Cays Marine Park
20. Swim in a magma enclosed pond that was created by a volcanic eruption (Owia Saltpond)
21. Buss ah pot (cook) with the locals among the river stones with a menu of crayfish and lobster harvested from mountain streams
22. Get some wind into your sails! Charter a boat and sail the Grenadines
23. Dive into our wonderful under water universe and discover why we are known in the diving community as the Critter Capital of the Caribbean
24. Visit the quaint Walliliabou anchorage which was used as a setting for the first 3 Pirates of the Caribbean films
25. Take a tour of the Windward coast of St. Vincent into "Kalinago land" to sample indigenous cuisine like Madungo and Bam-bam
26. Lime like a pirate on Petit Tabac, the island where Captain Jack Sparrow and Elizabeth Swann were marooned in the movie, Pirates of the Caribbean Curse of the Black Pearl
27. Escape to Mopion sand bar in the middle of the ocean for a day of seclusion
28. Pack your golf clubs for a round of golf on the Jim Fazio designed 18 hole golf course on Canouan
29. Do a night for 2 in off-the grid luxury on one of our privately owned and secluded islands
30. Ground yourself in the seafaring folklore of Bequia with a visit to the Bequia Maritime Museum
31. Book a tour to explore our rum shops that add spirit and color to our landscape
32. Learn to kite surf at Kite Beach aka Clifton, Union Island



SAINT VINCENT

Population: 99,757
Area: 133 square miles

MAP KEY

- Major Towns
- Parish Boundary
- Secondary Roads
- Main Roads
- Hiking Trail
- Rivers
- Traffic (both ways)
- Traffic (right or left)
- Bus Terminal
- Botanical Gardens
- School
- Library
- Museum
- Post Office
- Gas Station
- Points of Interest
- Information
- Golf
- Airport
- Hospital
- Clinic
- Police
- Customs
- Anchorage
- Church
- Cemetery
- Cricket
- Market/Craft
- Petroglyph
- Heritage Site
- Bird Sanctuary
- Hiking
- Waterfalls
- Dive Sites
- Black Sand Beach
- White Sand Beach
- Gold Sand Beach
- Snorkelling
- Surfing
- Wind Surfing
- *Pirates of the Caribbean* Movie Set Location
- Port Authority Facility

SVG Fast Facts

Flag:

Area: 150 sq miles (389 sq km)

Climate: 24° C / 75° F to 30° C / 87° F

Capital: Kingstown

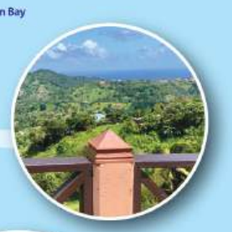
Area Code: 784

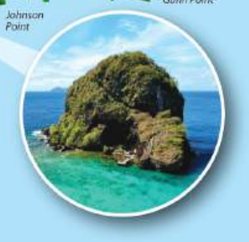
Population: 109,991

Currency: Eastern Caribbean Dollar (EC$)

Religion: Christianity

Language: English





Take a closer look at our capital city
KINGSTOWN

Our islands at a glance