Aruba Foodie Itineraries

ARUBA ONE HAPPY ISLAND

Aruba Foodie Itineraries

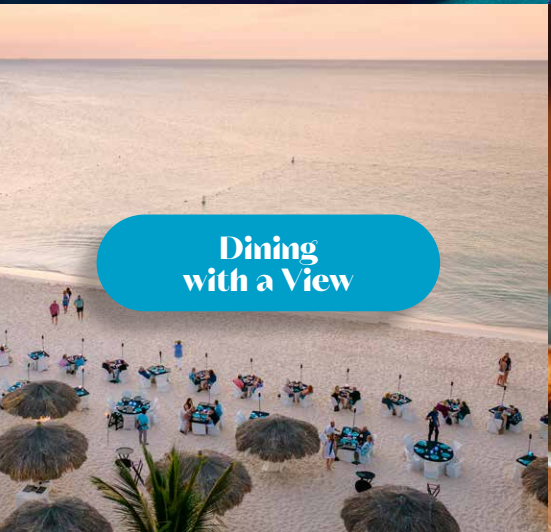
Come for the beaches, stay for the food! Aruba is a foodie paradise offering one of the Caribbean's most diverse culinaryscapes to explore. Culinary wanderlust is fueled by the island's hundreds of restaurants that will delight appetites of all types.

With so many delicious opportunities to ignite your senses with imaginative cuisine, we've put together a variety of suggested dining itineraries to guide your fork in the direction that suits your vacation cravings while you explore the island. For the ultimate vacation foodie experience, mix and match the daily itineraries to taste the scope of everything Aruba has to offer.

The Culinary
Connoisseur

The Cultural
Explorer

Eat Like a Local
the Aruban Way


Dining
with a View

Fun Vibes,
Tasty Eats

Vegan
Adventures

The Culinary Connoisseur

Aruba proudly offers elevated culinary experiences for foodies seeking artistry in flavor and presentation and attention to detail and service, or epicurean journeys that offer a food discovery component. Aruba's lineup of local and international chefs will delight and surprise discerning foodies with intriguing gastronomic opportunities.

ARUBA ONE HAPPY ISLAND

Day 1

BREAKFAST

At Tia Rosa

For those out exploring the southern side of the island, start your foodie journey with a taste of ethnic street food at Tia Rosa. This roadside food stand is no frills but all flavor. Tia Rosa is located on the main highway in the barrio of Savaneta and specializes in the Venezuelan breakfast sandwich, the patacon sandwich. This exotic treat is made with sweet (ripe) or savory (unripe) plantains stuffed with shredded beef or chicken, cheese, and various toppings. If you love that divine balance of salty/sweet with a mingling of textures, Tia Rosa is worth the trip!

LATIAROSASNACK

LUNCH

At Kamini's Kitchen

On the way to or from Baby Beach, tantalize your tastebuds with authentic Trinidadian fare. Kamini, a native of Trinidad, brings her family's recipes to life in this breezy open-air restaurant highlighting handmade roti served alongside traditional curries. Cabrito curry (goat) is a signature local favorite.

KaminisKitchen

DINNER

At Infini

Aruba boasts several chef's tables, immersing diners in a culinary adventure with a VIP experience for a limited number of guests who enjoy an exclusive, up-close view of chefs preparing multiple courses and explaining their inspiration and process throughout the evening. Michelin-trained and celebrated local Chef Urvin Croes brings gourmands an interactive chef's table experience channeling a culinary story guided by a seasonal menu and wine or cocktail pairing.

InfiniAruba

Day 2

BRUNCH

At Brutto

Sunday brunch here goes beyond the typical brunch buffet. In an island-urban chic setting with smooth lounge grooves from a live deejay, brunch here is a lively occasion of leisurely sipping and sampling tastes and bites of gourmet noshes. Located in the heart of Palm Beach, enjoy an all you care to eat selection of avant-garde taste plates of inventive brunch cuisine with bottomless mimosas, bellinis, and crafted brunch cocktails and mocktails.

bruttoaruba

DINNER

At Wilhelmina

Offering that special sense of place that comes with the passage of time, several restaurants in Aruba are housed in beautifully repurposed historic and colonial homes and buildings, breathing new life into cherished spaces. Located in the center of downtown Oranjestad's historic district on Wilhelminastraat, Executive Chef Dennis owns and operates Wilhelmina. The chic environs here echo a city speakeasy in a lush tropical setting with global flavors coming together in imaginative dishes.

wilhelmina.aruba

The Cultural Explorer

Adventurous foodies will discover a potpourri of tastes and regional and ethnic flavors from our diverse community of over 100 nationalities.

ONE HAPPY ISLAND

Day 1

BREAKFAST

At Pastechi House

Start your day with the island's favorite snack, the pastechi. This flaky, half-moon pastry is stuffed with ingredients like creamy gouda, shredded chicken, or seasoned beef. Although these pastries are sold all over the island, The Pastechi House on Mainstreet in downtown Oranjestad is a favorite.

LUNCH

At Los Cafeteros

Aruba's notable Colombian population has a distinct influence on island cuisine, and family-owned Los Cafeteros is a popular spot. Perhaps the most popular Colombian dish is the bandeja paisa (usually served family style because of its size), loaded with grilled meats and sausages, rice, beans, plantains, fried egg, chicharrón, arepas, and avocado.

loscafeterosrestaurant

DINNER

At Ever Restaurant

Ever Restaurant is a tucked away salle à manger offering an intimate, freestyle dining event presented in an open-kitchen concept. Just fourteen guests experience an exclusive 8-course seasonal tasting menu prepared with imaginative flair by a dynamic team of chefs led by Chef Ever de Pena. Combining a dynamic foodie experience with a rotation of local art exhibitions makes for a truly inspiring evening.

ever.restaurantaruba

Day 2

BREAKFAST

At Linda's Dutch Pancakes

Linda's is a great place to try traditional Dutch pancakes. These pancakes are thinner and larger in diameter than traditional American pancakes, and often filled with extras like bacon, cheese, and fruit, or simply dusted in powdered sugar and topped with maple syrup.

lindasaruba

LUNCH

At O'Niel Caribbean Kitchen

If you're heading to San Nicolas on the southern side of the island to walk the streets of the street-art district, this family-owned restaurant, serving authentic regional Caribbean cuisine, is located steps away from the colorful murals. Feast on Jamaican jerk, curries, roti, garlic shrimp, and fresh seafood specialties.

OnielCaribbeanKitchen297

DINNER

At Lima Bistro

Enjoy a dynamic evening in bustling downtown Oranjestad and be sure to make a reservation at Lima Bistro, led by Peruvian-born Chef Teddy Bouroncle, a former Iron Chef Aruba winner. Guests delight in the fresh ingredients and bright flavors of traditional and modern Peruvian cuisine prepared in an open kitchen as Chef Teddy's culinary brigade makes each dish flavorful and memorable at this harbor-side bistro where Lima meets Aruba.

limabistroaruba

Eat Like a Local the Aruban Way

Whether seeking to sample local dishes or visit restaurants that locals frequent, the One Happy Island is always welcoming and open to break bread with our visitors.

ARUBA ONE HAPPY ISLAND

Day 1

BREAKFAST

At Bright Bakery

If you're renting a vehicle and headed towards Arikok National Park, start your day the Aruban way with a visit to one of the island's most popular bakeries. Bright Bakery is in the barrio of Paradera. This family bakery has been a go-to for local and Dutch pastries and sweets since 1949. Grab a cup of coffee and enjoy the company of our community here.

brightbakeryaruba

LUNCH

At Huchada

After a morning of exploring Arikok National Park, stop for lunch at this local favorite in Santa Cruz. Huchada originally opened its doors as a bakery, but in the past few years has expanded to offer daily "criollo" hot dishes. This is the spot to sample our local sopi (soup) like Aruban fish soup, and stobas (stews) like cabrito (goat) stoba and carni (beef) stoba.

Huchadaonline

DINNER

At Red Fish

Aruba regulars are likely familiar with Driftwood, serving Aruban-style seafood dishes—often caught by the owner himself—since 1986. Owned and operated by the Merriweather family, Red Fish is their fast-casual option for seafood lovers. Located off the main boulevard between downtown Oranjestad and the hotel areas, this outdoor, flip-flop worthy, casual seafood joint specializes in local-catch seafood—deep-fried, pan-fried, or grilled—sold by the pound with local side dishes.

redfisharuba

DESSERT

At Poffertjes van Pofferdorie

This small dessert truck is typically parked at The Village in Palm Beach and serves a favorite Dutch treat—poffertjes. The mini pancakes are made on the spot and served with a variety of sweet toppings.

pofferdorie

Day 2

BREAKFAST

At Welcome Back Snack

Locals often grab their breakfast on the way to work at one of the many food stands and snack trucks around the island. An island favorite is Welcome Back Snack located between Oranjestad and Tanki Leendert. Enjoy a freshly made pastechi, Venezuelan arepas, Dutch croquettes, and more.

Welcome-Back-SnackTake-Away

LUNCH

At Pika's Corner

Visitors staying in the high-rise hotel area can walk to this Palm Beach restaurant that offers a heavy dose of local fare at local prices. Although Pika's Corner is in the heart of the tourist area, this is no tourist trap pretending to be local, it's the real deal. Try local dishes like carni stoba with pan bati, plantains, and funchi fries or their signature whole local red snapper.

Pika's Corner Aruban Cuisine

DINNER

At Taste My Aruba

From the historic setting to an authentic menu of local dishes and fresh seafood, enjoy a true taste of Aruba at this locally owned establishment in the heart of the downtown historic district on Wilhelminastraat.

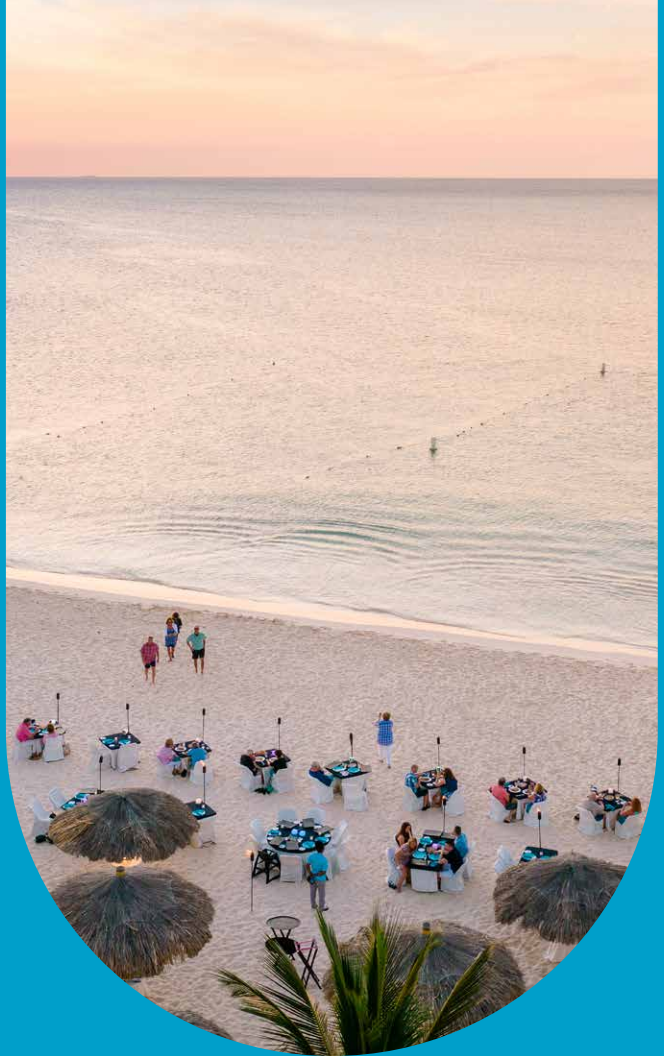
tastemyaruba

DESSERT

At Ritz Aruba

Since 1933, locals line up for the island's best soft serve ice cream at Ritz. Located on the main boulevard near the hotel areas, Ritz is open until 11pm for those after-dinner sweet tooth yearnings.

Ritz Aruba



Dining with a View

Combine spectacular views with delectable dining and you have the quintessential island dining experience.

ARUBA ONE HAPPY ISLAND

Day 1

BREAKFAST

At Matthew's Beachside Restaurant

This open-air restaurant is located just steps away from the sea, beachfront at Casa del Mar Resort. Enjoy a classic American breakfast, an Aruban breakfast, and healthy fruit shakes.

matthewsbeachside

LUNCH

At Pelican Nest

Dine over the crystal-clear waters skirting Palm Beach at this seafood restaurant located on Pelican Pier. Feast on local catches including red snapper, grouper and mahi mahi, with steak and chicken dishes for non-seafood eaters.

pelicanpieraruba

DINNER

At Passions on the Beach

Located on Eagle Beach, across from the Amsterdam Manor and just a few steps away from Aruba's iconic and oft photographed divi divi trees, torchlight dining in the sand is the specialty here. The large menu offers everything from steaks and seafood to pasta and vegetarian selections. Oft-ordered dishes include the coconut grouper and the Caribbean lobster tail.

PASSIONSARUBA

Day 2

BREAKFAST

At Bugaloe

Offering some of the most scenic Palm Beach views, Bugaloe is a popular beach bar located on Palm Pier (also known as De Palm Pier). Get your daily dose of morning sunshine while choosing from a menu with all your breakfast favorites. The newly opened The Shack at Bugaloe features healthy breakfast bowls and tropical smoothies.

bugaloearuba

LUNCH

At Zeerovers

Located in the quaint fishing village of Savaneta, this is an authentic local fisherman's wharf. The outdoor kitchen churns out deep-fried fresh catches on the seaside deck. Throughout the day, local fishermen dock here to clean their catches in the fish pit. Join the locals in a game of dominoes while sipping a local Balashi beer.

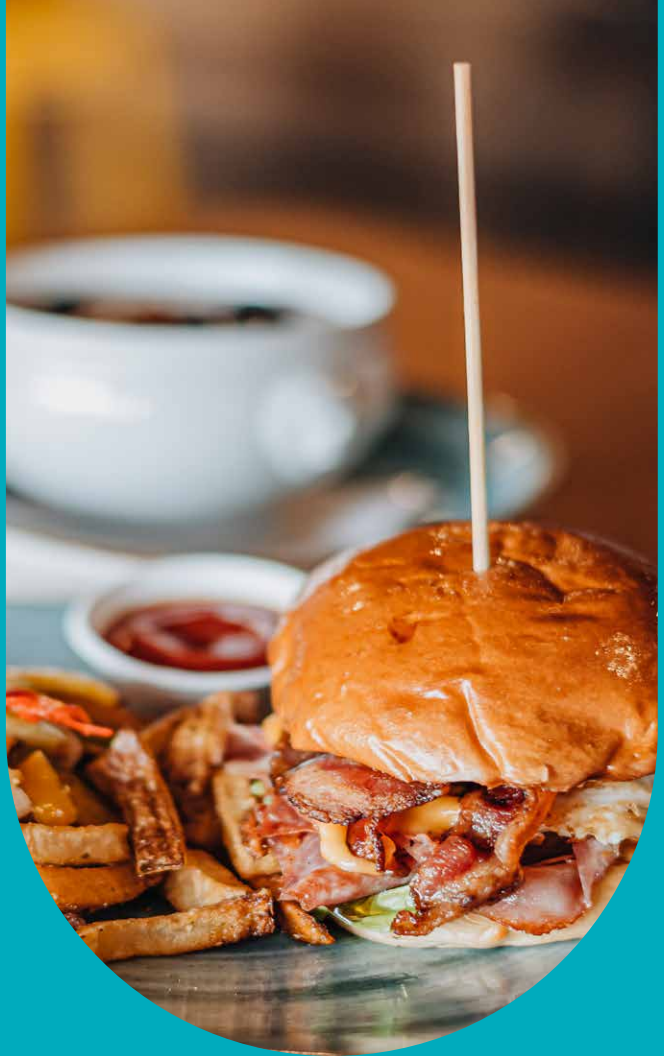
zeerovers

DINNER

At Nusa

Experience an Indonesian rice table with a variety of dishes (choose to sample 5, 7, or 9 dishes) presented at the table, making this a fun culinary exploration. Prepared by Chef Wayan, a native of Nusa Penida, an island off the coast of Bali, sateh and rendang are just two of the 16 dishes to look forward to at this harbor-side.

Nusa Aruba



Fun Vibes, Tasty Eats

For those looking for a vibrant atmosphere mixed with yummy bites, the One Happy Island brings it!

ARUBA ONE HAPPY ISLAND

Day 1

BREAKFAST

At CRAFT

This trendy bistro, located in the heart of Palm Beach, offers a premium coffee experience paired with gourmet morning noshes. Enjoy the streetside café vibes with breakfast delights including skillet egg dishes, breakfast tacos, gourmet waffles, and nourishing bowls.

craftaruba

LUNCH

At Local Store

Once a notable rum shop operated for decades by two local sisters, much of the original building was lovingly restored and now operates as Local Store, maintaining the historical essence of the former rum shop. Nostalgia and casual eats come together at this local hangout that's a go-to for a wide selection of craft beers, burgers, wings, and the must-try funchi fries served with their spicy Siracha mayo.

LocalStoreAruba

DINNER

At Alfie's

For award-winning burgers and poutine, head to Alfie's, a humble, no-frills bar in the middle of downtown Oranjestad. The place is always buzzing with a fun vibe that combines their fare with a large selection of craft beers and a side of local live rock on some nights.

alfiesinaruba

Day 2

BREAKFAST

At Laguna

This breakfast destination is set next to a fresh-water lagoon teeming with coy fish and surrounded by tropical foliage on the grounds of Hilton Aruba. Enjoy outdoor deck dining, or air-conditioned indoor dining in this newly remodeled space. Indulge in an all-you-care-to-eat buffet with made-to-order omelets, Belgium waffles, and local treats like the Aruban pastechi, or savor a gourmet a la carte menu. Pair your breakfast with one of the inventive craft Wake-Up Cocktails.

LUNCH

At Poke Ono

Local Chef Urvin Croes' Asian roots and love for Japanese/Hawaiian-inspired cuisine comes to life at this trendy fast-casual restaurant with two locations (Eagle Beach and downtown Oranjestad). The poke bowl menu features traditional tuna poke, but also introduces adventurous pokes like the watermelon bowl, Indonesian babi sate, ton katsu chicken, and Thai shrimp. Wrap your hands around a stuffed steamed bao, or venture into the sushi menu and discover Chef Urvin's unique flavor combinations.

pokeonoaruba

DINNER

At Bingo Café

This restaurant is always buzzing, with comfy patio seating or cozy indoor pub seating. The menu here is quite varied, offering everything from their popular Bingo Burger to the Bingo Brochette (with arguably one of the best peanut sauces on the island). Be sure to check out their daily specials, featuring fresh catches, a pasta of the day, and a vegetarian dish. This is also a great spot to sample typical Dutch snacks like deep-fried bitterballen.

CafeRestaurantBingo

Vegan Adventures

Plant-based foodies rejoice! From fine dining to easy grab-and-go options, it's a breeze finding flavorsome ways to nourish your soul.

ARUBA ONE HAPPY ISLAND

Day 1

BREAKFAST

At Eduardo's Beach Shack

Start your day on Palm Beach at Eduardo's Beach Shack. This spot has become a huge hit for its fresh fruit and vegetable juices, smoothies, and bowls. Vegetarians, vegans, and health nuts flock to Eduardo's for the matcha and acaia bowls.

eduardosbeachshackaruba

LUNCH

At Ike's Bistro

This poolside bistro at Manchebo Beach Resort features avant-garde fusion strongly inspired by Caribbean ingredients, and it boasts a separate menu dedicated entirely to vegetarian, vegan, and gluten-free options.

ikesbistroaruba

DINNER

At Elements

Elements, a beautifully appointed upscale restaurant on the water at Bucuti & Tara Beach Resort, proudly offers vegan and vegetarian dishes as part of its highly acclaimed menu featuring globally inspired fare. Elements also offers dairy-free and gluten-free options.

ElementsAruba

Day 2

BREAKFAST

At One Happy Bowl

Located in One Happy You Aruba Cafe at Palm Beach, this fast-casual vegan café offers plant-based breakfast bowls, fresh juices, and coffee. Their signature oat banana pancakes are vegan and gluten- and sugar-free.

LUNCH

At Eduardo's Hideaway

Located in Noord, Eduardo's Hideaway brings healthy vegan and vegetarian comfort food to life with a variety of appetizers, hot entrees, wraps, and bowls to savor. Their crunchy teriyaki cauliflower wings are worth the trip!

eduardoshideaway

DINNER

At Yemanja

"Woodfired grill" brings to mind juicy steaks and other meats, but Yemanja also offers an impressive number of vegetarian and vegan dishes. Chef owner and operator Joyce Husken is well-known for her prowess on the grill, but her plant-based menu items bring accolades from vegans and vegetarians. Signature vegan dishes include the BBQ platter (with a divine plant-based truffle mac and cheese, and herb-crusted cauliflower steak that's grilled and served with arugula pesto noodles.

yemanja.aruba

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