FACT SHEET

The Sands Barbados is located on a beautiful stretch of white sandy beach on the south coast of Barbados. This contemporary and vibrant all-inclusive resort offers a relaxed yet stylish beachfront retreat.

Ideal for families, couples, and groups, the hotel combines a modern all-inclusive experience with warm, personalised service. The Sands enjoys one of the island's most sought-after beachfront locations and is conveniently situated near the lively St. Lawrence Gap and Worthing Square in Christ Church.

Accommodation includes elegantly furnished Studios, One-, Two-, and Three-Bedroom Suites, as well as well-appointed Two-Bedroom Oceanfront Penthouse Suites, all designed with comfort and contemporary island style in mind.

The all-inclusive programme features a wide range of amenities and activities, including two restaurants, two bars, a gym, and non-motorised watersports; everything needed for a memorable Caribbean getaway.

ADDRESS

Worthing
Christ Church
Barbados

CENTRAL RESERVATION TELEPHONE

1 (246) 626 - 1384

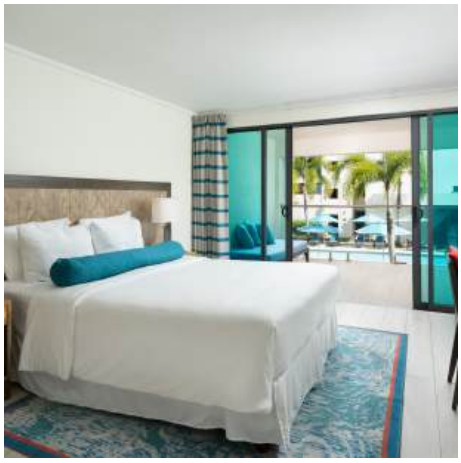
EMAIL ADDRESS

reservations@thesandsbarbados.com

WEBSITE

www.thesandsbarbados.com

Set on a beautiful stretch of white sandy beach on Barbados' vibrant south coast, The Sands is approximately 15 minutes from Grantley Adams International Airport and the capital, Bridgetown. Restaurants, bars, and nightlife are just minutes away at St. Lawrence Gap and Worthing Square, while the popular Oistins Bay Garden fish market is a short taxi ride from the hotel.



ACCOMMODATION

The Sands Barbados consists of 87 non-smoking rooms:

- 7 Superior Garden Studios/ The Sands Signature Rooms
- 16 One-bedroom pool/garden suites
- 4 One-bedroom ocean view suites
- 24 Two-bedroom pool/garden duplex suites
- 14 Two-bedroom ocean view duplex suites
- 10 Two-bedroom pool/garden family suites
- 4 Two-bedroom ocean view family suites
- 4 Three-bedroom pool/garden suites
- 4 Two-bedroom oceanfront Penthouse suites

ROOMS

Sands Signature rooms/Superior Garden Studios:
Air-conditioned rooms feature a queen bed, bathroom with shower and hairdryer, international direct dial telephone, flat screen television with cable channels, complimentary Wi-Fi, in-room safe, iron and ironing board, tea/coffee making facilities, mini fridge, bathrobes, and a private balcony or patio. These comfortable rooms offer pleasant garden views and provide a relaxing setting. Maximum occupancy is 2 persons.

One-Bedroom Suites:
Air-conditioning in the bedroom only. These suites feature a queen bed (twin beds available on request), a separate living area, bathroom with shower and hairdryer, international direct dial telephone, complimentary Wi-Fi, in-room safe, iron and ironing board, bathrobes, and a private patio or balcony. The living area includes tea/coffee making facilities, fridge, sofa, and flat screen television with cable channels. Suites offer garden or pool views, with some also featuring ocean views. Maximum occupancy is 2 adults and 2 children under 12 years.

Two-Bedroom Duplex Suites:
Air-conditioning in bedrooms only. These spacious duplex suites feature queen beds (twin beds available on request), a separate living area, two bathrooms with shower and hairdryer, international direct dial telephone, complimentary Wi-Fi, in-room safe, iron and ironing board, bathrobes, and a patio or balcony. The living area includes tea/coffee making facilities, fridge, sofa, and flat screen television with cable channels. Suites offer garden, pool, or ocean views, with bedrooms located on the upper level. Maximum occupancy is 4 persons. This room category is not recommended for families with children under 6 years.

Two-Bedroom Family Suites:
Air-conditioning in bedrooms only. These suites feature queen beds with king or twin beds available on request, a separate living area, two private bathrooms with shower and hairdryer, international direct dial telephone, complimentary Wi-Fi, in-room safe, iron and ironing board, bathrobes, and a patio or balcony. The living area includes tea/coffee making facilities, fridge, sofa, and flat screen television with cable channels. Suites offer garden, pool, or ocean views and provide comfortable accommodation for families or small groups. Maximum occupancy is 4 adults and 2 children under 16 years.

Three-Bedroom Family Suites:
Air-conditioning in bedrooms only. These spacious suites feature queen beds (twin beds available on request), a separate living area, two private bathrooms with shower and hairdryer, international direct dial telephone, complimentary Wi-Fi, in-room safe, iron and ironing board, bathrobes, and a patio or balcony. The living area includes tea/coffee making facilities, fridge, sofa, and flat screen television with cable channels. These suites offer garden or pool views only and are ideal for larger families or groups travelling together. Maximum occupancy is 6 persons.

ROOMS

Two-Bedroom Oceanfront Penthouse Suites:
Air-conditioning in bedrooms only. These suites feature queen beds with king or twin beds available on request, a separate living area, and two private bathrooms with shower and hairdryer. Amenities include international direct dial telephone, complimentary Wi-Fi, in-room safe, iron and ironing board, tea/coffee making facilities, fridge, bathrobes, and a patio or balcony. The living area includes a sofa and flat screen television with cable channels.

The Oceanfront Penthouse Suites are located on the highest floor and are well appointed, offering magnificent oceanfront views. Maximum occupancy is 4 persons. Children under 13 years are not permitted in the Penthouse Suites.

AT A GLANCE

ALL INCLUSIVE	Breakfast, Lunch, Afternoon Tea, Dinner and all beverages, except champagne, prosecco, specialty wine, and wine by the bottle. Complimentary watersports include kayaking, paddle boards and body boards, snorkeling.
BABY SITTING	We do not have in house baby-sitters; however, our Guest Services Team can provide you with information on local babysitting companies and assist you with making the arrangements.
BAR	There are two bars on property. The main bar is open daily from 10:00 am to midnight. The second bar, located in NOIR Restaurant, operates in the evenings only, four nights per week, and is complimentary for guests once per week during their stay.
BEACH TOWELS	Provided by the pool & beach.
CAR RENTAL	Available through Concierge Desk.
CHILDREN	Children of all ages are welcome. A children's menu is available in the restaurant. Highchairs are also available.
COTS/CRIBS	Available on request at no charge.
CHECK IN TIME	4:00 pm
CHECK OUT TIME	12:00 noon
CREDIT CARDS	VISA and MasterCard. No personal cheques.

AT A GLANCE

DRESS CODE	Daytime – Breakfast & Lunch (Resort Casual) • Cover-ups are required. • Footwear must be worn in the restaurant at all times. • Wet clothing is not permitted in dining areas. Evening – Dinner (Smart Casual) • Shirts with collars and sleeves are required for men (polo shirts permitted). • Smart tailored jeans are permitted (no light blue washes or distressed styles). • Sports replica shirts or club-branded merchandise are not permitted. • Flip-flops, running shoes, trainers, and caps are not permitted. • Cargo pants, three-quarter pants, and T-shirts are not permitted. Special Occasions – Christmas Day & New Year's Eve Men • Full-length trousers or smart tailored shorts with collared shirts. • Jeans, cargo pants, and three-quarter pants are not permitted. Women • Smart cocktail or evening dresses, tailored pants, or skirts.
ELECTRICITY	110V 50 Cycles
ENTERTAINMENT	Nightly live music in the courtyard.
GOLF	The Barbados Golf Course is a 15-minute drive away. Sandy Lane and the Royal Westmoreland 18-hole Golf courses are located on the west coast, which is a 40-minute drive from the hotel.
GUEST LOUNGE	In the reception area with library and flat screen television with cable channels.
GYM	There is an unsupervised gym on property.
HAIRDRYERS	Available in all rooms.

AT A GLANCE

HOTEL AMENITIES	The hotel features two restaurants and two bars. The main restaurant, On The Water, serves breakfast, lunch, and dinner in a relaxed beachfront setting. The second restaurant, NOIR, is an à la carte dining venue open for dinner only, four nights per week. Guests may dine at NOIR once per week on a complimentary basis during their stay; additional visits are available at a supplement and are subject to availability. Please note that children under 12 years are not permitted in the à la carte restaurant. There are two bars on property. The main bar is open daily from 10:00 am to midnight. A second bar is located in NOIR restaurant and operates during dinner service on the evenings the restaurant is open. Hotel amenities include a swimming pool, Guest Lounge, complimentary Wi-Fi throughout the property, spa, two bars, and two restaurants.
IRONING BOARDS	In all rooms
LAUNDRY	Arrangements can be made for laundering of personal items at an additional charge. Room towels and bed linen are changed every three days or on request.
MEDICAL	If required, a doctor can be called in to the hotel at an additional charge. The Elcourt Medical Clinic is located5 minutes away.
NON-RESIDENT GUEST PASSES	Guests who are not staying at the hotel can use the hotel facilities at a charge. Breakfast, lunch, dinner, half day or full day passes are available (subject to availability).
OFF SITE AMENITIES	St. Lawrence Gap, with a variety of restaurants, bars and nightclubs, known as the entertainment capital of Barbados, is located 2 minutes away. Bridgetown is a 15- minute drive away. The Barbados Golf Club is a 10-minute drive away. Supermarkets, a pharmacy, banks, post office and shops are all located 5-minutes away from the hotel in Worthing.
RATES	Include breakfast, Lunch, Afternoon Tea, Dinner and all beverages, except champagne, prosecco, specialty wine, and wine by the bottle. Accommodation rates include the government tax but exclude the Room Rate Levy which is payable at check-in.

AT A GLANCE

RESTAURANT	There are two restaurants on property, On the Water and NOIR. The meals in On the Water are a mixture of buffet and à la carte options and feature a fusion of Caribbean and International cuisine. There is also a children's menu and vegetarian menu options available. Reservations are required for lunch & dinner. Some menu items will have a supplemental charge. NOIR is open four days a week for dinner only and some items will have a supplemental charge. As part of the all-inclusive, guests can dine at Noir once per week. Reservations are required. No children under 12 years are allowed in the à la carte Restaurant. On the Water (Beach front restaurant) Breakfast: 6:30 am - 7:00 am (continental), 7:30 am -10:00am (buffet) Snack Menu: 10:30 am - 5:00 pm Lunch: 12:00 noon - 2:30 pm Tea: 4:00 pm - 5:30 pm Dinner: 6:30 pm - 10:00 pm Noir (The à la carte restaurant) Dinner: 6:00 pm - 10:00 pm (4 nights per week) **Restaurant times are subject to change.*
ROOM AMENITIES	Air-conditioning, complimentary safe, direct dial telephone, cable television with remote control, hairdryer, iron & ironing board, tea/coffee making facilities and fridge, daily housekeeping service.
ROOM SERVICE	Available at a charge of US$15per delivery from 7:30 am – 9.30 pm daily.
ROOM RATE LEVY	Effective 1st July 2018, a **mandatory** government 'Room Rate Levy' came into effect and will be applied nightly to all registered hotel guests on island. The applicable Room Rate Levy for The Sands Barbados is US$9.62/BDS$19.25 per room, per night.
SAFETY DEPOSIT	In all rooms

AT A GLANCE

SMOKING	All rooms are non-smoking. Smoking is permitted in limited areas around the hotel such as the carpark, beach, boardwalk and terrace. Smoking is NOT allowed on room patio/balconies or around the pool deck There will be a cleaning fee of US$250.00 applied to guest's account should smoking be detected in room.
SPA	A spa is located on property which provides a variety of services, including skin and facial treatments, massages and body wraps, and nail and waxing services. Spa services are not included in the all-inclusive package.
SWIMMING POOL	One saltwater pool
TEA/COFFEE	Tea /coffee making facilities are provided in all rooms.
TELEPHONE	International direct dial telephones in all rooms.
TV	Flat screen television with cable channels is available in all rooms.
WATER	Barbados is known for its safe, clean drinking water.
WATERSPORTS	Included: Kayaking, body boards, paddle boarding, snorkeling.
WEDDINGS	It is very easy to get married in Barbados, as there is no waiting period or minimum length of stay required. Application for a marriage license must be made in person, by both parties, at the Ministry of Home Affairs with the relevant documents to present to the officer. No more than one wedding a day and two weddings per week are hosted on property. Weddings are done Mondays – Fridays.
WIFI/INTERNET	There is free WIFI available.